

## **Spinal Orthosis Required Documentation**

### **PREFABRICATED SPINAL ORTHOSES:**

- THE PHYSICIAN MUST DOCUMENT THE PATIENT'S CONDITION AND WHY THE BACK BRACE IS REQUIRED, INCLUDING WHAT THE BRACE IS EXPECTED TO DO FOR THE PATIENT (EX. REDUCE PAIN, LIMIT ROM, ETC.)

- BACK BRACES ARE COVERED FOR THE FOLLOWING REASONS – THE APPLICABLE REASON MUST BE DOCUMENTED IN THE PATIENT'S RECORD TO JUSTIFY COVERAGE:

\*\*TO REDUCE PAIN BY RESTRICTING MOBILITY OF THE TRUNK

**(OR)**

\*\*TO FACILITATE HEALING FOLLOWING AN INJURY TO THE SPINE OR RELATED SOFT TISSUES

**(OR)**

\*\*TO FACILITATE HEALING FOLLOWING A SURGICAL PROCEDURE ON THE SPINE OR RELATED SOFT TISSUES

**(OR)**

\*\*TO OTHERWISE SUPPORT WEAK SPINAL MUSCLES AND/OR A DEFORMED SPINE

### **CUSTOM FABRICATED SPINAL ORTHOSES:**

- HAVE TO DOCUMENT JUSTIFICATION WHICH REQUIRES A CUSTOM ORTHOSIS RATHER THAN A PREFABRICATED ORTHOSIS (EX. SIZE OF PATIENT, TREATMENT FOR SCOLIOSIS, ETC.)

**(AND)**

- PATIENT MUST MEET THE ABOVE CRITERIA FOR PREFABRICATED ORTHOSES AND IT MUST BE DOCUMENTED IN RECORDS

### **MISCELLANEOUS INFORMATION FOR PHYSICIAN'S:**

**\*\*\*JUSTIFYING/SUPPORTING INFORMATION FOR THE PATIENT'S NEW ORTHOSIS OR REPAIRS TO THE CURRENT ORTHOSIS NEEDS TO BE IN THE PATIENT'S MEDICAL RECORD (THE PRESCRIPTION ALONE, DOES NOT COUNT AS A PART OF THE MEDICAL RECORD)\*\*\***

**\*\*\*IF CLINICAL NOTES ARE ELECTRONICALLY SIGNED IT HAS TO INDICATE THAT THEY HAVE BEEN ELECTRONICALLY SIGNED – CANNOT JUST HAVE THE MD'S NAME WITH NO INDICATION THAT THAT IS TO BE USED AS THE SIGNATURE WITH THE DATE\*\*\***

**\*\*\*INSURANCE COMPANIES DO NOT CONSIDER THE ORTHOTISTS RECORDS OR DOCTOR ATTESTATION STATEMENTS AS PART OF THE MEDICAL RECORD – JUSTIFICATION HAS TO BE IN THE PHYSICIAN'S MEDICAL RECORDS (EITHER IN THE PATIENT'S ORIGINAL NOTE OR IN AN ADDENDUM TO A RECENT NOTE)\*\*\***

**\*\*\*THE PHYSICIAN MUST INDICATE WHETHER THEY WANT THE ORTHOSIS TO BE CUSTOM FITTED OR CUSTOM FABRICATED (MADE TO PATIENT'S MEASUREMENTS OR MODEL) AND WHY (THIS IS VERY IMPORTANT THAT IT IS INCLUDED IN THE PATIENT'S NOTE)\*\*\***